

*The State of New Hampshire*  
*By Her Excellency*  
*Margaret Wood Hassan, Governor*

*A Proclamation*

**EAT LOCAL MONTH**  
**AUGUST 2013**

**WHEREAS**, New Hampshire farmers provide an extraordinary variety of locally grown, healthy, and delicious food directly to the public; and

**WHEREAS**, New Hampshire residents are seeking to live in a more sustainable way for our environment, our economy, and our communities; and

**WHEREAS**, The people of New Hampshire value the great care local farmers and producers put into growing food, and support the humane treatment of animals and environmentally responsible agriculture; and

**WHEREAS**, The State of New Hampshire encourages the growth of local businesses and a local workforce, and wants local farms to continue to be part of our economy and the New Hampshire way of life; and

**WHEREAS**, Local farmers markets support healthy living by providing fruits and vegetables that are freshly picked and high in nutritional value; and

**WHEREAS**, Local farmers markets can teach families about healthy food and snack choices which can help reduce the risks and issues associated with childhood and adult obesity; and

**WHEREAS**, Knowing where our food comes from, and the farmer who produced it, adds to our eating pleasure and contributes to healthier lifestyle choices; and

**WHEREAS**, Eating more New Hampshire-grown foods helps preserve New Hampshire's working landscape and the way of life that we cherish;

**NOW, THEREFORE, I, MARGARET WOOD HASSAN, GOVERNOR** of the State of New Hampshire, do hereby proclaim **AUGUST 2013** as **EAT LOCAL MONTH** and encourage all citizens and businesses to participate and support local farms.

Given this 1<sup>st</sup> day of August, in the year of Our Lord two thousand and thirteen, and the independence of the United States of America, two hundred and thirty-eight.

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Margaret Wood Hassan  
Governor