careconnect
DEVELOPMENTAL DISABILITIES
HEALTH HOME

Partnering for a Healthier You

CareConnect Agreement

Name: Joe Smith
DOB: 1/1/1960
Date: 10/28/2013

These are the special accommodations I need when I am at a medical appointment:

1. I have lost teeth due to falls so it can be difficult to understand what I am saying.
2. I can hear well, read and write.
3. I have trouble remembering instructions so I may need them repeated.
4. I sometimes struggle with anxiety and when I get upset I may have trouble keeping my emotions in check.
5. I tend to get anxious about going to the doctor so it is best if I do not have to wait long prior to my appointments.
6. I have trouble with balance when walking.

I have these health conditions:

1. Brain injury
2. Alcohol abuse
3. Anxiety
4. ADHD predominately inattentive type
5. Chronic pain syndrome
6. GERD
7. Mood Disorder
8. Dermatophytosis of nail
9. Hypertriglyceridemia
10. Knee effusion, left
11. Gout

My doctors and I have agreed on these health goals for me:

1. I want my team to know about any changes in my health.
2. I want all of my team to know about any changes to my medications.
3. I need to get the flu shot.
4. I need to get the DT shot.
5. I would like reminders and help with getting to appointment so I can reduce "no-shows."
6. I would like to reduce my anxiety.

7. I would like to reduce my alcohol use.
8. I would like help to eat the right foods in order to help prevent gout.
9. I would like dietary help for my GERD.
10. I would like help to eat the right food to lower my cholesterol.

My community services team and I have agreed that on these life goals for me:

1. I would like to own a house, have a car and get married.
2. I would like to work and has interest in construction.

My medications are listed below:

1. Ibuprofen 200mg tabs; take 200mg tab every 6 hours as needed for pain.

2. Diazepam (Valium) 2mg every am as needed for anxiety

3. Esomeprazole (Nexium) 40 mg capsule take 1 capsule by mouth two times daily. (GERD)

4. Fenofibrate (Tricor) 145mg tab; take 1 tab by mouth every day

5. Iron Fum (Multigen Plus) 1 tab by mouth daily

6. Ergocalciferol, Vitamin D2 supplement

7. Amoxicillin (Amoxil) 500mg capsule; take 1 capsule by mouth two times daily. For mouth infection.

8.Chlorhexidine (Peridex) oral rinse for mouth infection

9. Hydrocodone (Vicodin) 1 tab PO every 6 hours as needed for pain.

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I am allergic to the following things:

1. No known allergies

My team is made up of the following people and I want them to know if anything in my CareConnect Agreement changes:

1. Jessica Gagnon, Health Service Coordinator
2. Carolyn McLaughlin, Community Navigator
3. Todd Strugnell, OPG
4. Jane Smith, mother
5. Community Support worker, Melissa
6. Dr. Rancier, PCP

Signature: _____

Date line: _____